

# 2023 Forging Families 10K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	TYLER PHELPS		M: 1	10K	697	00:36:56.90	11:53	5.0mph	Overall Male Runner: 1
2	GIBSON SHANKS		M: 2	10K	994	00:38:23.28	12:21	4.9mph	Overall Male Runner: 2
3	JASON MAYFIELD		M: 3	10K	987	00:39:25.17	12:41	4.7mph	Overall Male Runner: 3
4	TAYLOR STINSON		M: 4	10K	666	00:39:55.95	12:51	4.7mph	Male 30 - 39: 1
5	STEVEN CRANSTON		M: 5	10K	976	00:41:15.61	13:16	4.5mph	Male 20 - 29: 1
6	OCTAVIO CAVIEDES		M: 6	10K	974	00:43:06.54	13:52	4.3mph	Male 60 - 69: 1
7	ETHAN BARNES		M: 7	10K	972	00:46:30.63	14:58	4.0mph	Male 13 - 19: 1
8	PATRICK JACKSON		M: 8	10K	698	00:47:31.64	15:17	3.9mph	Male 50 - 59: 1
9	MATT AYERS		M: 9	10K	699	00:48:05.00	15:28	3.9mph	Male 30 - 39: 2
10	CAMERON CARROZZA		M: 10	10K	973	00:48:07.86	15:29	3.9mph	Male 30 - 39: 3
11	DALE LANDEFELD		M: 11	10K	986	00:48:44.31	15:41	3.8mph	Male 60 - 69: 2
12	RANDY MILLICAN		M: 12	10K	988	00:49:45.81	16:01	3.7mph	Male 40 - 49: 1
13	DAVID STOCKMAN		M: 13	10K	996	00:50:19.70	16:11	3.7mph	Male 30 - 39: 4
14	FRANK MYERS		M: 14	10K	989	00:50:44.16	16:19	3.7mph	Male 40 - 49: 2
15	JOEL DIXON		M: 15	10K	979	00:51:00.81	16:25	3.7mph	Male 50 - 59: 2
16	ASHLEY LAMBSON		F: 1	10K	985	00:53:24.40	17:11	3.5mph	Overall Female Runner: 1
17	ALAN SANTOS		M: 16	10K	993	00:53:26.05	17:11	3.5mph	Male 40 - 49: 3
18	CLIFTON GARRETT		M: 17	10K	981	00:58:30.87	18:50	3.2mph	Male 50 - 59: 3
19	EMILY HALL		F: 2	10K	998	00:59:36.45	19:11	3.1mph	Overall Female Runner: 2
20	MICHAEL PERRYMAN		M: 18	10K	991	01:01:26.18	19:46	3.0mph	Male 50 - 59: 4
21	KAYLA GARLOCK		F: 3	10K	980	01:03:53.82	20:33	2.9mph	Overall Female Runner: 3
22	DEVAN ALEXANDER		M: 19	10K	970	01:05:28.63	21:04	2.8mph	Male 13 - 19: 2
23	DAVE STEVER		M: 20	10K	995	01:05:55.12	21:13	2.8mph	Male 70 - 100: 1
24	KANDY COCKERILL		F: 4	10K	975	01:05:55.23	21:13	2.8mph	Female 50 - 59: 1
25	CJ RICHARDSON		M: 21	10K	992	01:09:25.40	22:20	2.7mph	Male 30 - 39: 5
26	MATTHEW GWIN		M: 22	10K	982	01:13:01.78	23:30	2.6mph	Male 50 - 59: 5
27	MENDY GWIN		F: 5	10K	983	01:13:02.63	23:30	2.6mph	Female 50 - 59: 2
28	GINA PERRYMAN		F: 6	10K	990	01:16:18.71	24:33	2.4mph	Female 50 - 59: 3
29	JENNIFER ALEXANDER		F: 7	10K	971	01:18:24.38	25:14	2.4mph	Female 30 - 39: 1
30	HEATHER SHIFLETT		F: 8	10K	696	01:28:45.62	28:34	2.1mph	Female 20 - 29: 1
31	ANNA DIXON		F: 9	10K	978	01:28:45.65	28:34	2.1mph	Female 30 - 39: 2